DHPT Digestive Health PARTNERS OF TEXAS

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2-DAY SUTAB COLONOSCOPY PREPARATION

Purchase your SUTAB Bowel Preparation Kit from the Pharmacy
IF A PRESCRIPTION IS SENT IN, PLEASE PICK IT UP WITHIN 7 DAYS

1 Day before your Procedure:

Dosing Instructions: SUTAB is a split-dose **(2-day)** regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

Dose 1:
STEP 1: Open 1 bottle of 12 tablets. Take the tablets with water

STEP 2: Fill the provided container with 16 ounces of water (up to the fill line).
Swallow 1 tablet every 1 to 2 minutes. You should finish **12 tablets** and the entire amount 16 ounces of water over within **20 minut**es.
IMPORTANT: *If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish*.
Drink additional water

STEP 3: Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4: Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Dose 2:
- Starts at 1 AM in the morning of the procedure
- Repeat Steps 1-4 from Dose 1

What You CAN Do
- You may have clear liquids.

What You CANNOT Do
- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are OK to Drink
- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

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Day of Procedure:

- **The morning of the colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets**
- **Repeat STEP 1 to STEP 4 from DOSE 1**

IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy

Please read the full Prescribing Information and Medication Guide in the kit.

Medications:

- See medications sheet

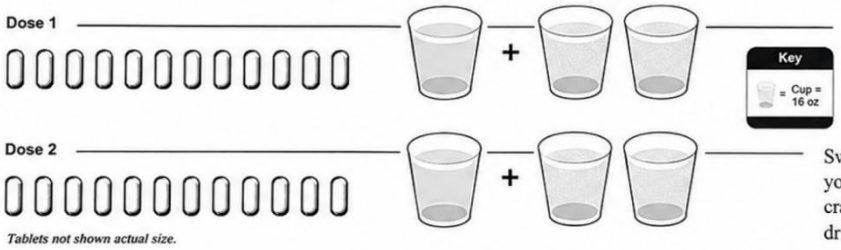
Do NOT follow any instructions on the Sutab box

SUTAB®
(sodium sulfate, magnesium sulfate, and potassium chloride) Tablets
1.479 g/0.225 g/0.188 g

Dosing

SUTAB SPLIT-DOSE REGIMEN

- Two SUTAB doses are required for a complete preparation[1]:
  1. **Dose 1** consists of 12 tablets and 16 oz of water
  2. **Dose 2** consists of 12 tablets and 16 oz of water
  3. Each dose is followed by two additional 16 oz of water



Tablets not shown actual size.

Swallow 1 tablet every 2 minutes with a sip of water. you experience symptoms (for example nausea, cramping, bloating) pause or slow down the rate of drinking additional water until your symptoms diminish.

DOSE 1: Begin at 5pm the night before your procedure

Step 1. Open one bottle of 12 tablets and fill the 16oz cup with water to the line
Step 2. Swallow one tablet every 2 minutes with a sip of water. You should finish all 12 tablets and water within 30min
Step 3. Over the next hour drink two additional 16oz cups of water

DOSE 2: Begin second dose at 2 AM the morning of your procedure

Repeat steps 1-3 above. Do not drink anything else after the last two cups water before your procedure

REMEMBER: The preparation is very important. An adequate clean out allows for the best evaluation of your entire colon. During the prep, using baby wipes may ease some of your discomfort.

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME
No Uber, Lyft, Taxi or Bus !

Please call the office within 48 hours to **Cancel or Reschedule** your procedure to avoid a $150 charge. If you have any questions, please call Leslie at 972-408-4400

No Smoking/Vaping, Chewing Gum/Candy or Chewing Tobacco on the morning of the procedure